

I'LL QUIT TOMORROW (PART 1)

Your Name

Your Email Address

1. What is Euphoria?

2. How many different mood altering chemicals are there?

3. What is the greatest addictive chemical?

4. What is one of the 1st signs of being dependent of alcohol?

5. Over ½ of vehicle fatalities are caused by alcohol.

True

False

6. What is Repression?

7. What do your families start doing because of your addiction?

8. What is one of the 1st diseases that come along with being an alcohol?

9. Alcohol Hepatitis is reversible if intake stops.

True

False

10. What are people that help us and change their ways to help us?

11. There are a million blood vessels in the brain. Normally blood cells flow freely through them, carrying oxygen to brain cells. An intoxicating level of alcohol causes blood cells to sludge acting like a dam and preventing oxygen to get to the brain. It is a physical problem and cause vessels to stop working.

True

False

12. How many brain cells die when you become intoxicated?

13. What are black outs?

14. What is one of the signs when you are in the late stages of alcoholism?

15. Once you become into the late stages of alcoholism it is impossible to escape emotional pain.

True

False